

PSHE Curriculum Schemes of Work Overview

Key Stage 5

Year 1			Year 2			Year 3		
1 Autumn	2 Spring	3 Summer	4 Autumn	5 Spring	6 Summer	7 Autumn	8 Spring	9 Summer
Managing Risk- Safety at home and in the community	Working as part of a group- social Relationships Rights and responsibilities	Health and Hygiene	Using leisure time	Relationships and parenting awareness	Emotions	Home Management	Cookery	Using Transport
Students learn about risk, they learn how to keep them safe at home and ways to make good decisions about personal safety in the community	Students learn about different groups we belong to, they learn about the importance of mutual understanding, helping each other	Students learn about the different ways we can help maintain good health, mentally and physically. They learn about the effects of good and bad choices	Students learn about a wider variety of leisure activities that they can do at home and in the community. They learn how to access community activities	Students learn about managing relationships with friends and family. They learn about the responsibilities of adult life and parenthood	Students learn to understand and manage the variety of emotions we experience. They learn strategies to manage their own behaviour and help others	Students learn skills in cleaning. They learn to recognise a variety of symbols used and think about the frequency of tasks. They will also consider budgeting issues and how to solve everyday problems at home	Students learn about and carry out cooking tasks focusing on healthy options prepared from scratch on a budget.	Students take part in a local journey developing their skills as appropriate. They learn about timetables and signs and how to deal with possible problems on a journey