

SCHOOL Greenvale			Risk Assessment No	018	
Topic:	Hydrotherapy and swimming		People at Risk:	Students and staff participating in hydrotherapy and swimming	
Assessment carried out by:	Liz Smith, Lynne Haines	Date:	March 2021	Date of Review:	Every half term /Ongoing

Hazards (Potential to cause harm & consider how a person may be hurt)	Existing Controls	Risk rating*	Further controls necessary	Target Date & By Whom	New Risk Rating**
Wet floor Slips, trips, and falls.	Assistance buttons installed. Students with limited mobility are supervised. Oxford chair hoist installed so that students at risk of falling can be moved in the chair. Any sign of risk and the student is hoisted. Medical kit located in the hydro area in case of immediate attention needed.			Reviewed March 21	
Access to poolside Falling in the pool	Swipe door outside in the corridor area. Code on the hydrotherapy door. Swing doors in place coming from the changing room to the poolside. Students supervised at all times.		The pool to be always ventilated by opening the door to the sensory playground. No student should use the sensory garden whilst hydro is taking place.	Reviewed March 21	
Risk of drowning. Medical issues e.g. seizures	Care plans in place. Staff know the medical backgrounds of the students e.g. epilepsy. Protocol in place and known by staff for when a seizure happens in the hydrotherapy area. Phil-e-slide and aqua board available to			Reviewed March 21	

Hazards (Potential to cause harm & consider how a person may be hurt)	Existing Controls	Risk rating*	Further controls necessary	Target Date & By Whom	New Risk Rating**
	<p>assist in moving the student.</p> <p>Green mats at the side of the pool area in case a student needs to be pulled out.</p> <p>Assistance alarm used to call for the nurse and back up.</p> <p>Staff member by the side of the pool to assist.</p>		Green mats to be cleaned before and after sessions.		
Personal care Cross infection Body fluids / Risk of infection	<p>Hibiscrub and other cleaning products are available for cleaning. Plastic gloves and aprons are also available.</p> <p>Yellow bags for disposable pads.</p> <p>Bouygues to be called to clean the area.</p> <p>Changing beds to be cleaned before and after use.</p> <p>Students and staff to shower before and after hydro/swimming</p>		<p>PPE will be worn by staff including mask, face visor/goggle, gloves when supporting changing and working within 2m of student.</p> <p>Students to use changing rooms one at a time with adult support to ensure social distancing from the other students.</p> <p>Handrails, benches, wheelchair handles, shower beds, hoist equipment, chair hoist and walking aids etc. to be cleaned before and after use.</p> <p><i>See Cleaning & Sanitising Checklist for hydrotherapy and swimming.</i></p> <p>80+% Staff are taking part in twice weekly Lateral Flow Device tests. Any positive results are acted upon immediately and close contacts are asked to isolate for 10 days.</p> <p>80+%staff have received their first Covid vaccination and many students have received their first dose.</p>	Reviewed March 21	
Additional risk of COVID transmission from hydrotherapy and swimming		H	An initial assessment of each student will take place before commencing hydro/swimming to ensure student is well.	SLT 14/9 Reviewed March 21	M

Hazards (Potential to cause harm & consider how a person may be hurt)	Existing Controls	Risk rating*	Further controls necessary	Target Date & By Whom	New Risk Rating**
			<p>Hydro organised within key stage sub bubbles.</p> <p>Head floats and other buoyancy aids to be fitted to students' side on before entering water.</p> <p>If hydro/swimming can be directed safely, staff should stand on poolside or maintain 2m social distancing in the water.</p> <p>Where possible staff should ensure face mask does not become wet in the water. If the face mask becomes wet, it will be ineffective and needs to be changed.</p> <p>For student (AK) needing deep suctioning a waterproof mask will be worn. AK will be last student into the pool on a Monday a.m. due to aerosol guidelines.</p> <p>Students and staff in the water to work 1:1, maintaining 2m distance from another student and staff working 1:1</p> <p>All equipment is deemed as being cleaned with disinfectant when used in Chlorine, therefore all equipment used should be cleaned in the pool before and after each student uses it e.g. water sling, noodles, head floats.</p> <p>Students should have their own individual equipment where possible. Additional equipment will be purchased for example head floats.</p> <p>Anything which does not come into regular contact with chlorinated water will be cleaned by staff, as per cleaning standards.</p> <p>Staff are asked to always wear masks in corridors and communal areas. And as much as possible in classrooms.</p>		

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			Students who are able are encouraged to wear masks.		
Staff are not appropriately trained to carry out programmes	All hydrotherapy programmes will be handed over to staff by physios.		<p>Physios will carry out individual telephone calls to parents to gain verbal consent from parents to attend a hydrotherapy session with their child and explain the PPE to be worn.</p> <p>Physiotherapist will complete individual risk assessments for all programmes.</p> <p>Physios will need to get into the pool with staff from school for the new year 7 students.</p> <p>For older students' physios will start poolside and advise on adapting programmes if required and review programme and get in the pool if required wearing a surgical mask for a shorter time.</p> <p>Adaptations will include: Limiting the need to be within close proximity to a student by adapting the activity for example using a head float rather than supporting the students head with staff shoulder.</p> <p>During the Lockdown and due to the new variant Hydrotherapy has been temporarily paused. Activities to remain suspended until after Easter.</p>	Reviewed March 21	

Signed: *Lynne Haines*

Role: **Headteacher**

Date: March 2021