

PE Long Term Planner

	Autumn		Spring		Summer	
Year 7	Our School	British History – <i>Olympics 1908</i>	Our World – <i>modern and traditional dance</i>	Our World – modern and traditional sports	Life, Living & Growing –	Our Community
	Gym	Individual	Team	Dance	Outdoor	Athletics
KS3 Year 1	Aerobics	Boccia	Team games	Classical dance	Orienteering	Rounders
Year 2	Circuits	Curling	Football	Contemporary dance	Outdoor adventurous activities	Athletics
KS4 Year 1	Step aerobics	Table tennis	Basketball	Dance Latin	Orienteering	Athletics
KS4 Year 2	Zumba	Tennis	Volleyball	Street dance	Outdoor adventurous activities	Athletics
KS5 Year 1	Yoga/Pilates	Bowling	Accredited course		Cricket	Athletics
KS5 Year 2	Gym classes	Golf/Croquet	Accredited course		Hockey	Athletics
KS5 Year 3	Gym classes	Dance	Accredited course		Football	Athletics

KS5 swimming – Beckenham Spa and school