

SPRING / SUMMER 2022 MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE 21 Feb 14 Mar 18 Apr 9 May 6 Jun 27 Jun 18 Jul 12 Sep 3 Oct 24 Oct	Option 1	Tomato Pasta		Jerk Chicken with Rice		Roast Beef, Roast Potatoes & Gravy	Chinese Chicken Curry with Rice		Breaded Fish with Chips & Tomato Sauce
	Option 2	Spanish Omelette with New Potatoes		BBQ Quorn Fillet with Rice		Vegetable Wellington with Roast Potatoes & Gravy	Sweet & Sour Noodles		Vegan Mexican Roll with Chips & Tomato Sauce
	Vegetables	Cucumber Rainbow Slaw		Sweetcorn Mixed Peppers		Cabbage Broccoli	Green Beans Carrots		Peas Baked Beans
	Dessert	Carrot & Courgette Cake with Custard		Apple & Raisin Flapjack		Fresh Fruit & Yoghurt Station	Orange & Cinnamon Cookie		Peaches & Ice Cream
		Yoghurt / Fresh Fruit		Yoghurt / Fresh Fruit			Yoghurt / Fresh Fruit		Yoghurt / Fresh Fruit

WEEK TWO 28 Feb 21 Mar 25 Apr 16 May 13 Jun 4 Jul 25 Jul 19 Sep 10 Oct	Option 1	Macaroni Cheese		Spaghetti Bolognese		Roast Chicken, Roast Potatoes, Stuffing & Gravy	Chef James Chicken Jollof Rice		Fish Fingers or Salmon Fish Fingers with Chips & Tomato
	Option 2	Vegetable Curry with Rice		Vegan Spaghetti Bolognese		Roast Quorn, Roast Potatoes, Stuffing & Gravy	Vegan Burger in a Bun with Wedges & Tomato Sauce		Cheese & Bean Pasty with Chips
	Vegetables & Salads	Sweetcorn Cauliflower		Mixed Peppers Green Beans		Carrots Peas	Broccoli Sweetcorn		Peas Baked Beans
	Dessert	Apple & Berry Crumble with Ice Cream		Lemon Drizzle Cake		Fresh Fruit & Yoghurt Station	Chocolate & Beetroot Brownie with Chocolate Sauce		Apple, Cheese & Crackers
		Yoghurt / Fresh Fruit		Yoghurt / Fresh Fruit			Yoghurt / Fresh Fruit		Yoghurt / Fresh Fruit

WEEK THREE 7 Mar 28 Mar 2 May 23 May 20 Jun 11 Jul 5 Sep 26 Sep 17 Oct	Option 1	Falafel with Lemon & Herb Couscous		Chicken Fajitas with Rice		Roast Turkey, Roast Potatoes & Gravy	Pork Sausage Hot Dog with Potato Wedges		Fish in Batter with Chips & Tomato Sauce
	Option 2	Cheese & Tomato Pizza		Vegetable Enchiladas with Rice		Lentil & Basil Puff Pastry, Roast Potatoes & Gravy	Vegan Sausage Hot Dog with Potato Wedges		Cheese & Red Pepper Frittata with Chips & Tomato Sauce
	Vegetables	Green Beans Carrot & Beetroot Slaw		Coleslaw Sweetcorn		Carrot Broccoli	Sweetcorn Tomato Salsa		Peas Baked Beans
	Dessert	Lemon & Mixed Berry Cake		Raspberry Jelly & Mandarins		Fresh Fruit & Yoghurt Station	Pineapple Loaf with Custard		Chocolate Shortbread
		Yoghurt / Fresh Fruit		Yoghurt / Fresh Fruit			Yoghurt / Fresh Fruit		Yoghurt / Fresh Fruit



Added Plant Power



Vegan



Wholemeal



Chef's Special

Available Daily

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection