

PSHE Curriculum Schemes of Work Overview

Key Stage 3

Term 1a	Term 2a	Term 3a	Term 4a	Term 5a	Term 6a
Citizenship and famous citizens - to learn about the local community and develop an awareness of our roles as citizens	Safety - to learn about and how to avoid and deal with dangerous situations, in the home at school or in the local community	Relationships and Behaviour - to learn about appropriate behaviour with others	Choices and Careers - to learn how to make informed choices and find out about jobs	Life Cycle - to learn about the changes that take place as we grow, the milestones and interests of different age groups	Self Awareness- myself and others To learn about similarities and differences, respecting difference and avoiding conflict
Term 1b	Term 2b	Term 3b	Term 4b	Term 5b	Term 6b
Self-care - to learn about personal hygiene and how to take care of ourselves	Home Skills - to learn how to care for the home environment and keep it clean and safe	Healthy Living - to learn about ways to keep fit and healthy through diet, fitness and avoiding harmful substances	Identity and diversity – to learn about ourselves and others, difference and similarities, developing respect	Environmental studies and global issues - To learn what harms the environment and how to contribute to its' care	Community: 1. skills 2. activities - to learn about what is available in the local community and how to use it