

ALCHEMY Group

For Parents & Carers Understanding the Pathway

Having a child go through CAMHS can be a difficult and challenging time for all involved. ALCHEMY is offering a six week course for parents and carers who have young people using CAMHS. The course has been completely co-produced with parents who have previously had children access CAMHS.

The 6 week course will cover:

- Psychoeducational Workshops on different Mental Illnesses
- What to expect if you have a child accessing CAMHS
- Facts on Medication
- Parent Testimonies
- Parent and Carer Self-Care

Starting: Wednesday 29th January 2020

Time: 13:00—14:30

Location: 78 Lewisham Park, Lewisham, SE13 6QJ

For more information, or to book a place on the course, please contact:



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