

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

MAIN
Smokey BBQ Chicken

Super Swirl Beefy Pasta (G/W)

Roast Chicken with Gravy

BBQ Chicken Pizza (MK, G/W)

Captain's Crispy Fish Fingers or Salmon Fishcake & Chips (F, G/W)

VEGGIE
Mac & Cheese (MK, G/W)

Cheesy Veggie Hot Pot with Gravy (MK, G/W)

Cheesy Tomato Pizza (MK, G/W)

Vegan Nuggets & Chips (G/W)

SIDES
Steamed Rice & Cauliflower

Mashed Potato & Carrots (MK)

New Potatoes & Broccoli

Carrots or Baked Beans

JACKET POTATO
Jacket Potato with a Choice of Fillings (E, F, MK)

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PUD
Banana Bonanza Sponge & Creamy Custard (E, MK, SO*, G/W)

Chocolate Mousse (MK, SO*)

Vanilla Shortbread (G/W)

Jelly

Vanilla Sponge with Chocolate Sauce (E, MK, SO*, G/W)

Daily Salad Bar! Homemade Bread! Fresh Fruit

DATES

31 AUG / 21 SEPT / 12
OCT / 9 NOV / 30 NOV

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS
F = FISH
G = GLUTEN
G/B = BARLEY
G/O = OATS
G/R = RYE
G/W = WHEAT
L = LUPIN
MK = MILK
MO = MOLLUSCS
MU = MUSTARD
N = NUTS
P = PEANUTS
SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN

WEEKLY MENU

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MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY



MAIN

Beef Ragu Topped Mac & Cheese (MK, G/W)	Mild Chicken Tikka Masala (MK, G/B*, O*, R*, W*)	Lightly Spiced Chicken	Homemade Beefy Lasagne (E*, MK, G/B*, W)	Pepperoni Pizza (CE*, E*, MK, MU*, SO*, G/W)
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VEGGIE

Roasted Butternut Squash Topped Mac & Cheese (MK, G/W)	Mild Vegetable Tikka Masala (MK, G/B*, O*, R*, W*)	Lightly Spiced 'Plant Based' Chicken	Homemade Roasted Squash & Root Vegetable Lasagne (E*, MK, G/W)	Margherita Pizza (MK, G/W)
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SIDES



Cauliflower	Steamed Rice with Carrots & Broccoli	Mashed Potato & Carrots (MK)	Broccoli	New Potatoes with Baked Beans or Cauliflower
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JACKET POTATO



Jacket Potato with a Choice of Fillings (E, F, MK)	Jacket Potato with a Choice of Fillings (E, F, MK)	Jacket Potato with a Choice of Fillings (E, F, MK)	Jacket Potato with a Choice of Fillings (E, F, MK)	Jacket Potato with a Choice of Fillings (E, F, MK)
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PUD



Apple Sponge & Custard (E, MK, SO*, G/W)	Chocolate Shortbread Biscuit (G/W)	Jelly	Jam Sponge with Custard (E, MK, SO*, G/W)	Cool School Ice Cream (MK)
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Daily Salad Bar| Homemade Bread| Fresh Fruit

DATES

7 SEPT / 28 SEPT / 19
OCT / 16 NOV / 7 DEC

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WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

MAIN  Sticky Chicken Pasta Bake (CE, G/W) Cowboy Beef Chili (CE) Roast Chicken with Gravy Jerk Chicken Curry (CE) Crispy Catch Fish & Chips (F, G/B*, W)

VEGGIE  Sticky Veggie Pasta Surprise (CE, G/W) Mac & Cheese (MK, G/W) Roast Jerk Quorn Fillet (G/W) Jerk Vegetable Curry (CE, G/B*, O*, R*, W*) Cheesy Pizza & Chips (MK, G/W)

SIDES  Broccoli Steamed Rice & Broccoli Mashed Potato with Broccoli (MK) Rice & Carrots Beans or Carrots

JACKET POTATO  Jacket Potato with a Choice of Fillings (E, F, MK) Jacket Potato with a Choice of Fillings (E, F, MK) Jacket Potato with a Choice of Fillings (E, F, MK) Jacket Potato with a Choice of Fillings (E, F, MK)

PUD  Chocolate Sponge Cake with Custard (E, MK, SO*, G/W) Chocolate Mousse (MK, SO*) Syrup Sponge with Custard (E, MK, SO*, G/W) Jelly Iced Vanilla Sponge (E, MK, SO*, G/W)

Daily Salad Bar| Homemade Bread| Fresh Fruit

DATES

14 SEPT / 5 OCT / 2 NOV / 23 NOV / 14 DEC

ALLERGENS

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* = MAY CONTAIN